



Base Bulletin

Vandenberg AFB, CA 93437-0759



1 August 2001

No. 31

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items (via email to <mailto:publishing.management.dci@vandenberg.af.mil> or to Publishing Management DCI on the Global, or via fax to DSN 276-6614 or 805-606-6614) to arrive at DCI/SCSP by noon Friday, the week before you want your item to appear. Submit your items typed or printed on 30 SW Form 8, Official Bulletin Notice. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Limit official items to four lines, unofficial to 2-3 lines and personal items to one line. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I - ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961
Safety Hazard? Dial 5-SAFE (If off base, dial 605-SAFE)

SECTION II - OFFICIAL

1. 30th Communications Squadron:

a. Emission Security Announcement. If you have classified processors and have a need to switch classified and unclassified signal wire lines or share one monitor, keyboard, and mouse with a classified central processing unit (CPU) and an unclassified CPU, an A/B switch can be used. Contact MSgt M. Landon at extension 5-2352 for more information. (30CS/SCBI, 5-2352)

b. AF Distribution Center Temporary Shutdown: The Air Force Distribution Center is temporarily closed for all services to conduct a wall-to-wall inventory from 16 Jul - 3 Aug 01. The cut-off date for all orders to be processed was 13 Jul 01. This affects on-line ordering of physical or controlled products only. The electronic publications and forms will still be accessible at <http://afpubs.hq.af.mil>. (30 CS/SCSP, 6-7892/4)

c. Revised Publication: The following item has been revised and posted to the VEPDL: AFMAN23-110V2Pt2Ch2_30SWSUP1, AFMAN23-110V2Pt2Ch9_30SWSUP1, AFMAN23-110V2Pt2Ch10_30SWSUP1, AFMAN23-110V2Pt2Ch11_30SWSUP1, AFMAN23-110V2Pt4Ch2_30SWSUP1, and AFMAN23-110V6Ch4_30SWSUP1. (30 CS/SCSP, 6-7892/4)

d. Interim Change: The following publication has an IC posted to the VEPDL and to the AF Pubs web site: [AFSPCI 36-2202 14AFSUP1\(IC\)](#), Mission Ready Training, Evaluation and Standardization Program. (30CS/SCSP, 6-7892/4)

e. Revised Civilian Leave Request Form: New form, OPM 71, has replaced the SF 71. The new form used by Civil Service personnel is available at <http://www.opm.gov/forms/html/opm.htm>. Scroll down to find the form. This form is one of the newer fillable PDF forms. If you cannot fill in the blanks on screen, you may have to upgrade your version of Adobe Acrobat Reader to version 5.0. Contact your Workgroup Manager for assistance. (30CS/SCSP, 6-7892/4).

2. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: TSgt Dobbs, ext 6-0904 (30 TRANS/LGTTH)

b. Shipping/Receiving Packages via Federal Express: Attention all base organizations that ship and/or receive packages via Federal Express: Under the DoD approved GSA contract, FedEx is

authorized to transport unmarked classified packages to up a classification of SECRET. Any packages you receive from FedEx must be treated as classified material until it is determined to be otherwise. When shipping classified items, they must be processed through TMO Cargo Movement unless other arrangements have been made. TMO must be advised on the classification level. Any questions may be directed to MSgt Hawley, ext 6-3381 (30 TRANS/LGTTF)

30th Security Squadron Information:

a. Neighborhood Watch Program: This program is run by you and designed to help ensure a safe and secure neighborhood. If you are interested in starting this program in your area, call Police Services, 5-0792. (30 SFS/SFOSP)

b. Vacation Quarters Check: If you live in base housing and plan to take leave or go TDY, have Security Forces check your home while you are gone. To make arrangements, stop by the Law Enforcement Desk, Bldg. 13675. For more information, call Police Services, 5-0792. (30 SFS/SFOSP)

c. Firearms Registration: IAW 30 SWI 31-101, Installation Security Program, Paragraph 14.3.1., all base residents who own or possess firearms must register them with the Pass and Registration Office. To initiate the process, request an AF Form 1314, Firearms Registration, from your orderly room. After completing in triplicate, take the signed form to Bldg, 11777, Room C-111. For more information, contact your Resource Protection Monitor, or call 5-0797. (30 SFS/SFOSP)

OFFICIAL

Robert M. Worley II
Colonel, USAF
Commander

Susanne Brixler-Staab
Chief, Publishing Management

SECTION III - UNOFFICIAL

Meetings:

Ham Radio Meeting: The Satellite Amateur Radio Club will hold its general membership meeting at 1400 hours on Saturday, 4 Aug 01, at Building 23100. The Clubhouse is on Bishop Road, ¾ mile southeast of the Tracking Station. Prospective and licensed hams are invited to attend and see the newly-refurbished facility. The program will feature a "Show and Tell" demonstration of the Readiness Flight's new Mobile Command Post. Visit www.SatelliteARC.com to learn more about our activities, or call Eric Lemmon at 733-4416. (SARC)

Family Support Center: Pre-Register for all Classes, Workshops & Seminars. (30MSS/DPF)

a. Smart Car Buying Workshop: 2 Aug, 1100-1200. Buy now, buy later, buy new, buy used, what will you do? This workshop will give you the information you need to make a smart decision on one of the most important and largest investments outside of a home that you will be making. Get a good look at what's in store for you when you decide its time to buy a car. Call 6-4491 for information.

b. First Aid Basics: 4 Aug 01, 0900-1300. Learn First Aid at the Lompoc Valley District Office, 312 North H Street. Call 736-5110 to register. Cost for the class and materials is \$25.

c. TAP Seminar: 7-9 Aug 01. There is now a single, generic 3-day TAP seminar for all retirees and separatees each month. Also, only those retirees and separatees who are within the one-year window are eligible to register. Spouses will be accommodated on a space available basis. Call 5-0134 to register if you are within one year of separation or retirement.

d. Community First Aid & Safety Instructor Crossover Class: 7 and 9 Aug 01, 1800-2100. Kelly McLoughlin will be teaching the class for any of the current CFAS instructors who need to crossover before 31 Dec 01. The class size is limited to 15 people. The cost of the course is \$30 for materials. Call 928-0778 in Santa Maria, or 736-5110 in Lompoc to register. Class held in Santa Maria.

e. National Society of Military Widows: 8 Aug 01, 1400, Retiree Center. The group meets the second Wednesday of every month. If you are a widow or widower, come join us and help plan activities. For information, call 606-5474.

f. Mutual Fund Basics: 10 Aug 01, 1100-1200. Also known as Mutual Funds 101, this class will explain the basics of investing in mutual funds. To register call 6-4491.

g. Pet CPR/First Aid: 11 Aug 01, 0900-1300. Learn to save a life, that of your pet. Course cost is \$25. Class will be held at the Lompoc American Red Cross, 312 North H Street. Call 736-5110 to register.

h. Newcomer Spouse Orientation: 13 Aug 01, 745-1230 for a full morning of the Base Newcomer Orientation at the Pacific Coast Club or opt to arrive at 0950 to attend the Community Fair followed by the Spouse Group at 1100. Children are welcome to the Fair and Spouse Group — toys are provided. Meet other newcomers and learn about services and things to do on and off VAFB. Registration is not necessary, but call 6-0801 for more information.

i. Bundles For Babies: 13 Aug 01, 1400-1600. This is an Air Force Aid Society Program covering proactive informational topics such as financing for expectant parents, lifestyle changes, infant CPR, Nursing Moms Program, and Give Parents a Break Program. Bundles For Babies is for Active Duty Air Force members and/or their spouses (AF Reserve, Air National Guard, Army, Navy, and Coast Guard Personnel may attend, but are not eligible to receive a bundle). The program takes place at the Family Support Center. To sign up, please call MSGT Jamie Lopez at 6-0039. Advanced registration is required.

j. Single Parents Support Group: 14 Aug 01, 1100-1230 at the Pacific Coast Club. This is an informal group for individuals who are dealing with divorce and single parenting. Pre-Registration not required. For more information, call 6-9958.

k. Resume Writing: 15 Aug 01, 0900-1130. Learn how to write a winning resume or update an old one. Learn current formats/styles, hot effective words and power statements to include in your winning resume! To register call Tinisha Agramonte at 5-8557.

l. Manage Your Move: 15 Aug 01, 1300-1530. For adults on the move, includes briefings from Finance, TMO, Housing, Legal Office, and tips from TRICARE. Have your questions ready and plan to attend within 120-90 days prior to departure. Spouses are encouraged to attend. Call 6-0801 to register.

m. Initial Transition Plan: For military members scheduled to be separated or retired, an Initial Transition Plan (ITP) counseling is required at least 90 days prior to leaving the service. The briefing mainly consists of service members' benefits. The base Transition Assistance Program (TAP) has just added an additional session to offer this mandatory counseling, every Tuesday morning, 0800 - 0900 hrs, except the TAP Seminar week. Spouses are welcome and encouraged to attend. Call 605-0134 for scheduling.

n. Child Care for PCS: Twenty hours per child is paid with Air Force Aid funds within 30 days of arrival or departure with PCS orders. This program is available to military members E-1 to E-5 and others in unique circumstances. Child care must be provided by licensed Family Day care providers on base. Pick up a Certificate of Eligibility and a list of providers at the FSC's Relocation office. Please bring a copy of your orders. To register call 6-0801.

o. Little Ones Lost Grieving Group: Active duty members, dependants and civilians have a safe and confidential forum for sharing and support regarding a families recent miscarriage or fetal demise. For further information, contact Nancy Sias, Family Advocacy Home Nurse Specialist, at 6-8217 or 6-5338.

p. The "New You Contest" Kickoff: This six-month event kicks off in August. Outrageously wonderful prizes. Call the HWAC 6-2221, or the Gym 6-3832, for details or to enter.

q. Loan Closet Program: A life saver for those who are inbound, outbound, TDY, visiting, or being visited. Borrow Dish packs, Baking pans, Utensils, Futons, Linens, Towels. Blankets, Coffee pots, Mixers, Toasters, Irons, Ironing boards, High chairs, Strollers, Booster seats, Car seats, Card tables, Chairs, Lamps, Fans, Vacuum Cleaners, Pack-n-Play. Call 6-5484 for information.

30th Services Squadron: (30 SVS/SVK, 6-0276)

a. Pacific Coast Club: (For details on any club functions please call 734-4375 or 734-4376).

Entertainment

- Every Friday is **Club Card Drawing**. Don't miss out on your chance to win the Jackpot. Drawing is every Friday between 1700-2000. Must be present to win.
- 2 Aug 01, 2100-0200. **Mug Night** in the Hawk's Nest.
- 3 Aug 01, 1800-2000. **Karaoke Night** in the O-Lounge.
- 3 Aug 01, 1700-2000. **DJ** in the Hawk's Nest.

- 4 Aug 01, 2100-0400. **All Nighter** in the Hawk's Nest.
- 10 Aug 01, 2100-0200. **Latino Night** in the Hawk's Nest.

Menu

- **A La Carte Menu Dining** is available Wednesday & Thursday nights except during Mongolian BBQ, 1800-2000.
 - 31 Jul 01. **Family Night, Mexican Buffet.** \$8.95.
 - 1 Aug 01. **Members Special, Chicken Teriyaki or Salmon.** \$9.95.
 - 7 Aug 01. **Family Night. Western BBQ Ribs and Chicken.** \$8.95.
- **Family Night:** Tuesday night is "Family Night" at the Club. Children under 10 years eat free from the new children's buffet when accompanied by a paying adult. Limit two children per one adult. No take-out orders. 1800-2000.
- **Foggio's:** Call and order ahead at 5-7800.
- b. **Fitness Center:** (30SVS/SVMP, 6-3832)
 - **Ongoing Classes:** The Fitness Center has classes in Karate, Aerobics, Yoga and more. Stop by the Fitness center for the current schedule. For more information, call 736-6213.
 - **"New You" for the New Year:** 1-31 Aug 01. Trying to get in shape or lose weight? Join this 16 week weight loss competition sponsored by the Fitness Center and the Health & Wellness Center. Stop by either facility starting in August and find out how you can join.
 - 11 Aug 01. **Triathlon.** Start training today for this event. Includes a 5K run, 20K bike, and 400 meter swim.
- c. **Family Aquatics Center:** (30SVS/SVRO, 6-3581)
 - **Youth Swim Lessons:** Open Registration will be held from 0900-1300, Monday-Friday.
- d. **Bowling Center:** (30SVS/SVK, 6-3209)
 - **Bowler Appreciation Week:** 6-11 Aug 01. All bowling is only \$1.50 per game all week. Coupons not redeemable with the special rate.
 - **Thunder Alley/Rock 300:** Glow and Bowl. Thursday, 1800-2100, Family Night. Friday, 2100-2400, Thunder Alley/Rock 300. Saturday, 2100-2400, Thunder Alley/Rock 300.
 - **Bonanza Bingo.** Play daily from open to close. It's only \$1 per card for a chance to win up to \$1000.
 - **Eat & Bowl:** Every Friday between 1830 and 2100. Bowl three games, get a cheeseburger, fries and drink for just \$7.00.
- e. **Services Center:** (30SVS/SVYR, 5-8974)
 - **Natural Knead Massage Therapy:** Therapeutic massage is a valuable addition to health care and fitness routines as a natural way to promote healthy body functioning, and to enhance the body's restorative powers. Located in the Services Center, call for appointments at 5-4748.
 - **Country Line Dancing:** Ongoing FREE dance lessons at the Service Center, Wednesday, 1830-2100.
- f. **Youth Center:** (30SVS/SVYY, 6-2152)
 - **Parents Advisory Board!** Stop by the first Wednesday of every month for a Parents Advisory Board Meeting.
 - **Youth Sports Clinics:** Starting in July, the Youth Sports program will be offering Youth clinics in Softball, Baseball, and Soccer. These clinics are designed to improve fundamental skills, and are for youths age 8-14. Check with the Youth Center for more details.
 - 6-10 Aug 01. **Soccer Clinic** at the youth soccer fields (age 8-13). Register by 3 Aug 01.
 - **Volunteers Needed:** The Youth Sports program is always in need of volunteers. Positions for the upcoming seasons: coaches, commissioners, field managers, and publicity managers. Coaches are still needed for the upcoming soccer season. The "5 & under," "7 & under," "9 & under," leagues still have openings available. To volunteer, please stop by the Youth Center or call 6-9374 for more information.
- g. **Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)
 - **Men's Club Tournament.** 4 Aug 01.
 - **Air Force Golf Championships.** 6-11 Aug 01.
 - **Junior Lessons:** Saturdays at 1330, with Bob Kotoski. Cost is \$5 per child. No sign up needed.
 - **Ladies Priority:** Every Wednesday 0830-0900.
 - **Intramural Golf:** Tuesday and Thursday, 1130-1230.
- h. **Rod & Gun Club:** (30 SVS/SVRO, 6-4560)
Open Skeet and Trap Shooting: Every Wed, Fri, Sat, and Sun at 0830, except for special events.

i. Library: (30 SVS/SVT, 6-6414)

- **Internet is Here!** The library now has Internet access available.

j. Outdoor Recreation: (30SVS/SVRO, 6-5908)

- ⚓ **Kern River Rafting Trip:** 4 or 5 Aug 01. Sign up for a rafting adventure on either 4 or 5 Aug 01. Eighteen spots available for each trip. Lunch, transportation, and equipment provided. Must be at least 16 years of age. Cost is \$55 per person. Sign up deadline is 1 Aug 01 for either trip.

k. Veterinary Clinic: 3 Aug 01, 1200-1500. **Open House at the Vet Clinic.** Pet Food Samples, Door Prizes, and more. Stop by and see what the Clinic has to offer.

Education Services & Human Resources Flight: (30MSS/DPHS, 5-5902)

a. Applications for Physician Assistant Training Program for CY 02: Applications for Physician Assistant training for classes beginning in Jan 03, Apr 03, and Aug 03 will be accepted between 1 Oct 01 and 25 Jan 02. See your Education Counselor for details call 5-5904.

b. Civilian Tuition Assistance (TA): TA is open to all civil service grades and individuals pursuing bachelor or graduate degrees. You may receive TA for up to three courses per term. Tuition Assistance will pay for 75% of tuition up to \$187.50 per credit hour and up to a maximum of \$3500.00 per fiscal year. Space Command Units only. For more information contact Base Education in Bldg 14001 or call ext. 5-5904.

c. Former VEAP Participants: Now is your chance to enroll in the Montgomery GI Bill - Worth 23,400 in education benefits over 36 months. Please contact the Education Office before 1 Nov 01 as this is your last opportunity to enroll. Visit Bldg 14001 (across from the base commissary) or call 5-5904 for information.

d. SNCO: Course 5 is no longer on admin hold and is being actively shipped. The course material on backorder were shipped 20 Jul 01. For information contact Base Education 5-5904.

Personal Computer Training Classes: (30CS/MCA, 6-3371)**a. New Classes:**

Publisher 2000: Microsoft Publisher 2000 helps you easily create, customize, and publish materials such as newsletters, brochures, flyers, catalogs, and Web sites. Publish easily on your desktop printer, at a copy shop or commercial print shop, or directly to the Web.

Front Page 2000: The Microsoft FrontPage® 2000 Web site creation and management tool gives you everything you need to create and manage exactly the site you want, whether you are creating a personal Web page or a corporate Internet or intranet site.

Form Flow: Learn how to make this program behave better.

Lunch and Learn: Call 6-3371 for the schedule of classes.

b. Classes are open to active duty military, DOD employees, Reservists, Guard and Volunteers supporting Team Vandenberg only. Walk-ins are welcome on a space available basis. To register, or for additional information, contact Ms. Lexi Schwartz via base email. If you do not receive a confirmation of your registration within two days, please contact us to see if we did receive it. For questions only, not reservations, call 6-3771. You will probably reach an answering machine, so please leave a message and we will call you back. The classes do not require knowledge of the individual programs but a working knowledge of Windows is required. We recommend taking the classes in the following order: Word; Excel; PowerPoint; Access. Classes offered are:

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| ■ Introduction to Computers — A Basic Class for Beginners. | ■ Access 97; Access Lab, Access 2000 Beginning; Access 2000 Intermediate. |
| ■ Word 97; Word 97 Advanced; Word 2000. | ■ Palm PDA Beginning. |
| ■ Excel 97; Excel 97 Advanced; Excel 2000. | ■ Project 98. |
| ■ PowerPoint 97; PowerPoint 2000. | ■ Front Page 2000. |
| ■ Publisher 2000. | ■ Outlook 98, Outlook 98 Email Only. |

c. Computer Based Training (CBT) Facility. In addition to the existing traditional demonstration/lecture courses offered at the computer training facility located within Bldg. 9360, MCA Engineers, Inc. also reserves specific 4 hour blocks of time for those students interested in completing Computer Based Training (CBT) courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their regular work environment.